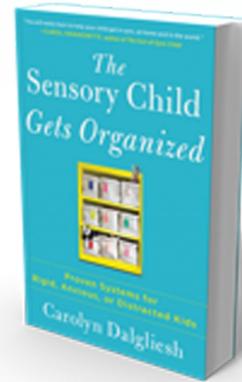


# Carolyn Dalglish SENSORY ORGANIZING

...making space for *life!*

## Speaker Information Package

Want to learn how you can support your rigid, anxious, or distracted child at home and in school?



Professional organizer, mom, and author of *The Sensory Child Gets Organized: Proven Systems for Rigid, Anxious, or Distracted Kids* (Touchstone, 2013), Carolyn Dalglish can bring her proven SSK Sensory Organizing® systems to you!

Carolyn is available to conduct workshops, presentations, and other events for your school, parents' or teachers' group, or support group!\* She offers three levels of presentations and can tailor every event to suit your organization's particular needs.

## Parents are Saying...

“Carolyn gave a dynamic, empathetic, and informative presentation to parents about how to support kids at home who had organizational challenges. All parents left with new ideas for helping children to organize as well as ways in which to order spaces to help them. We loved her so much, we’ve already invited her back to do an all day professional development workshop for teachers!”

~ K.A. Massachusetts

\*Speaker fees vary according to travel time, date, and other considerations. Please contact Carolyn today with questions, to obtain a fee estimate, or to book your event.

## Presentation Formats

### Standard Presentation

Carolyn will be with your group for one hour, offering a 45-minute presentation with props, pictures, and demonstrations of systems she has put into place with her clients, followed by a 15-minute Q&A session.

### Workshop/Breakout Session

This is a 2-hour presentation consisting of a 90-minute presentation, one break-out session, and a 15-minute Q&A session.

### Keynote Presentation

This is a 3-hour presentation consisting of two 1-hour presentation blocks, two break-out sessions, and a 15-minute Q&A session.

### Book Signing

All presentation formats have the option of including a book signing of Carolyn's book *The Sensory Child Gets Organized: Proven Systems for Rigid, Anxious, or Distracted Kids* (Touchstone, 2013).

## Sample Presentation Topics

Here are just a few of the topics Carolyn can tailor to your organization or group. If you have a specific topic or issue you would like to address, please contact Carolyn; she can design a program specifically for your needs!

### The Sensory Child Gets Organized

Sensory kids—like those with anxiety disorder, sensory integration dysfunction, learning challenges, ADD/ADHD, OCD, high-functioning autism, Asperger's syndrome, or executive function challenges—need special organizing solutions. Carolyn will help you create plans for daily living, visual aids, bedroom zone systems, homework stations, and play areas. And, she'll give you tips to help you create order in your home and help the entire family thrive!

### Recognize and Support Early Sensory Needs with Organization

Carolyn can help you learn the early signs of “sensory issues” and help you come up with simple schedules and routines that make the day-to-day experience of living with a sensory child more productive. She will show you how to use visual aids to support your sensory child in times of transition, build “organizing breaks” into your day, and provide extra support and “down time” for typical children.

### Organizing Systems for Families

Life has gotten incredibly busy for families these days, and we are asking our kids to do more than ever! Learn simple ways to make the day-to-day family experience less stressful and more meaningful. Carolyn will talk about simple strategies that every family can use—like embracing the central message area, tapping into habits and routines, and learning time management techniques that give the whole family “down time.”

### Organized at School

Getting a head start on teaching your child simple organizing techniques will help them grow into an organized student. Carolyn will talk about tapping into your child’s learning style, offer tips for homework stations that keep your student motivated and connected, strategies to organize that backpack and get stuff from here to there successfully. For children that need extra support, Carolyn can include academic organizing strategies that support our rigid, anxious, or distracted kids. These simple techniques will be a starting point to help your child build strong executive function skills to support their academic careers.

## School Community Package Program

It truly does take a village to support our children. Real success comes when children, educators and parents work together to integrate sensory solutions at home and at school. Carolyn has designed a 36-hour school visit program that includes in-service training for faculty and administrators, as well as workshops and presentations for students and parents. A unique piece of Carolyn’s approach is to survey the community in advance to make certain her programs are tailored to meet the unique challenges of each school community. Let Carolyn visit your school to create a holistic partnership approach to support the many students in your school who can benefit from sensory organizing!

## About Carolyn Dalgliesh



Carolyn Dalgliesh spent eleven years in sales, customer service management, and executive recruitment, with both small businesses and Fortune 500 companies, before shifting her focus to raising her children. Her professional experience and personal journey as a sensory parent fueled her interest in organizing, and led her to recognize how good systems contribute not only to career success but also to personal well-being.

Carolyn founded Sensory Organizing, a leading-edge organizing model that bridges the gap between clinical support and practical in-home solutions for rigid, anxious, and distracted kids. In addition to her sensory organizing work with families, she has published numerous articles and presents regularly at conferences for parents, caregivers, and educators. Carolyn shares her sensory organizing techniques in her book *The Sensory Child Gets Organized: Proven Systems for Rigid, Anxious, or Distracted Kids* (Touchstone/Simon & Schuster 2013).

Carolyn currently serves on the Board of Governors for Bradley Hospital, a neuropsychiatric hospital for children and adolescents, and on the Board of Directors for Resilient Kids, a program designed to bring yoga and mindfulness curricula into the school setting. She lives in Rhode Island with her husband and two children.

Contact Carolyn at 401.413.2811, or e-mail [carolyndalgliesh@gmail.com](mailto:carolyndalgliesh@gmail.com) today!