

MINDFUL PARENTING FOR SENSITIVE KIDS

Strategies to Create Positive Habits and Support Challenging Behaviors

Chrissy Collins | Carolyn Dalgliesh
Saturday, January 25th 9am-12pm
Rumford Center, 20 Newman Ave., Bldg 2
(Mgmt & Leasing Building) Rumford, RI 02916
\$60 Per Person | \$75 Per Couple

FOR QUESTIONS OR TO PRE-REGISTER:
Contact Chrissy: 401-601-4808 or chrissy@chrissycollinsri.com

CHRISSY COLLINS, MA, CEIS is a counselor and parenting mentor who collaborates with parents to provide concrete solutions to common parenting problems. Working with families, she helps parents to feel confident in their parenting approach while having more fun as a family.
www.chrissycollinsri.com

CAROLYN DALGLIESH is the founder of Systems for Sensory Kids & Simple Organizing Strategies helping sensory families, individuals, and businesses get organized.

Her book, "The Sensory Child Gets Organized" (Touchstone, 2013), teaches parents how to tap into systems, routines, and visual aids to organize and empower their rigid, anxious, or distracted kids. She is a member of the National Association of Professional Organizers (NAPO).
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